

HCAA Cheerleading Championships

**Heartland Christian Athletic Association
School Contract for Participation 2019-2020
Each Tournament Form and Fee need to be sent to Host School**

School Name: _____ Address: _____
City: _____ Zip: _____ Phone: _____

We will participate in the HCAA State Cheer Championships. Based on the HCAA By-Laws under the Organizational and Government B-6 we will be subject to the following rule. Schools that fail to participate in the State Cheer Championships in which dues and rosters were submitted will be subjected to a \$200.00 fine. Extenuating circumstances will be taken into consideration by the Executive Council or the investigation committee of the Association.

Date: Saturday, November 2
Junior High: competes in morning
Varsity: competes in afternoon
Times will be set once teams have confirmed.

Location: Union Christian -Fort Smith, Arkansas

Fees due at competition
Team: \$125 per team

Division: _____ Junior High.
 _____ Varsity

Number of Squad Members: _____

Due no Later than OCTOBER 1, 2019

General Competition Information

Team Competition

Each team will perform a routine that they would do at halftime of a game. The routine could be a cheer, dance, or combination of both. It can include any tumbling and stunts you would like to put into it. Routines have varied in length from a minute to about two minutes. The cleanest and most solid routine will be given the title of champion.

A full-size nationals floor will be performed on. Please follow the general safety guidelines provided by and followed by all major cheer brands, NCA, UCA, and ACA.
NO BASKET TOSSES ALLOWED at the JUNIOR HIGH LEVEL please.

Divisions

Varsity

Junior High

Individual Competition

All State competition ~ 9th - 12th Grade only

Individual competition is very similar to NCA All American tryouts

Cheerleaders will need to:

1. spirit or tumble to the middle of the mat
2. perform 3 connected jumps (they can be whipped or reloaded in between)
3. perform a cheer or chant of their choice with one incorporation (jump or standing tumbling)

Cheerleaders who make the All State Team get an opportunity to perform together at the All State basketball games in March.

All Star competition ~ 8th grade and below

Individual competition is very similar to NCA All American tryouts

Cheerleaders will need to:

1. spirit or tumble to the middle of the mat
2. perform 2 connected jumps (they can be whipped or reloaded in between)
3. perform a cheer or chant of their choice with one incorporation (jump or standing tumbling)

I would love to try to get the All Star Cheerleaders together to cheer a game together during basketball season. We can discuss this further at the coach's meeting.

Please email me the names and grades of your cheerleaders planning on trying out for All State and All Star as soon as possible.

If you have any questions, please feel free to contact me at the information listed below

Janet Cornsilk

HCAA Cheerleading Coordinator

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